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HOT Calories Calories From Fat Total Fat (G) Saturated Fat ...

Nutrition Guide Menu May Vary By Location. = FEATURED BEVERAGE. Iced Drinks
Calories Calories From Fat Total Fat (G) Saturated Fat (G) Trans Fat (G) Cholesterol
(MG) Sodium (MG) Carbohydrates (G) Fiber (G) Sugar (G) Protein (G) Iced Coffee SM
16oz 5 0 0 0 0 0 0 1 0 0 0 MED 20oz 5 0 0 0 0 0 0 1 0 0 0 Feb 5th, 2024

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When You Make The Decision To Be Healthier, By Cutting Gluten, Sugar And Dairy From Your Diet, Your Body Responds Immediately. You Feel Lighter, Tighter, And Energetic. You Grow Accustomed To Breakfasts Of Eggs, Meat, Nuts And Berries...until One Day You Have An Intense Craving For Blueberry Muffins. That's When This Recipe Saves The Day Feb 3th, 2024

FAT BURNING RECIPES

1 Hot Chili Pepper, Chopped 1 Tsp Grated Fresh Ginger ½ Head Cabbage 2 Garlic

Cloves, Minced 2 TBSP Soy Sauce, Low Sodium 2 Tsp Sunflower Oil Sprinkle Fish With Chili Pepper, Ginger And Salt. Steam Cabbage For 5 Minutes. Lay Fish On Top Of The Cabbage And Steam For 5 More Minutes, Until Cooked Thoroughly. While
May 5th, 2024

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