

# Ace Personal Trainer Guide Free Pdf Books

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He Has A Master's Of Science Degree In Exercise  
Science And Health Promo- Tion From California  
University Of Pennsylvania And Is An ACE-certified  
Personal Trainer . Sabrena Merrill, M.S., Is A Former

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Lucas Rockwood Is An Internationally-renowned Yoga Trainer, TEDx Speaker, Podcaster, Writer, And

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