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Treatment Of Treatment For Spondyloarthritis, Including Ankylosing Spondylitis, According To The Spondylitis Association Of America (SAA). The Exercise Is Fundamental To Help People With Ankylosing Spondylitis To Maintain Common Movement And Function. It Can Also Help Relieve Pain, Improve Posture, Face Muscle Imbalances, Make It Easier To Breathe, 1th, 2024

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Vised Exercises Has Been Underlined [8,9]. Recently, The Ankylosing Spondylitis International Federation (ASIF) Published Recommendations For AS Concerning Behavior And Environmental Adaptations Including Exercises, Sports And Recreational Activities, And Suggested That Daily Disease-specific Exercises 12th, 2024

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Aerobic Exercises Such As Swimming And Walking In Addition To CE Increased Functional Capacities Of Patients. KEY WORDS: Spondylitis, Ankylosing - Exercise Training - Swimming - Aerobic Exercise. A Nkylosing Spondylitis (AS) Is A Chronic Inflam-matory Disease Of The Axial Skeleton With A V 26th, 2024

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29 - Ankylosing Spondylitis Of The Thorax

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Who Gets Ankylosing Spondylitis? Symptoms Usually Develop Between The Ages Of 15 And 35, Rarely Older Than 40 Years. Men Are Generally More Severely Affected Than Women, The Reasons For This Are Unknown. What Causes Ankylosing Spondylitis? There Is A Strong Tendency For AS To Run In Familie 19th, 2024

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