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Making Carbs Count - Diabetes Clinic  
1 Medium Baked Potato W. Yogurt Tossed Salad W. Light Dressing Diet Soda ½ C Frozen Yogurt 1 2 0 0 1\_\_ 4 Meal Bolus: \_14.4\_ Correction: \_4.4\_ Total Taken: 18.8 Two Hour BG: 8.1 Activity: Walked Home From Work (1/2 Hour) Snack Time: 10:15 Blood Glucose: 6.5 1 Cup Skim Milk 1 Slice Jun 1th, 2024.

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