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Smoothie" *From Dr. Mark Hyman's Book: 10-Day
Detox Diet Ingredients: (1 Serving) • 1 Cup Frozen
Mixed Blueberries • 1 Tbsp. Almond Butter • ¼
Avocado • ½ Tbsp. Extra-virgin Coconut Butter • 1

Tbsp. Pumpkin Seeds • 1 Tbsp. Chia Seeds • 1 Tbsp. Hemp Seeds • 2 Walnuts • ½ Cup Unsweetened Almond Milk" • ½ Cup Water" Mar 8th, 2024Smoothie Recipes For Weight Loss 30 Delicious Detox ...We Offer Smoothie Recipes For Weight Loss 30 Delicious Detox Cleanse And Green Diet Book Kindle Edition Troy Adashun And Numerous Books Collections From Fictions To Scientific Research In Any Way. In The Midst Of Them Is This Smoothie Recipes For Weight Loss 30 Delicious Detox Cleanse And Green Mar 9th, 2024.

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