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CHAP Take Action - High Blood Sugar, Low Blood Sugar Page 3 Of 12 Cass, Tiernan Revised 11/04 What Should Blood Sugar Levels Be? Here Is A Good Start Setting Goals. 1. Write The Blood Sugar Number From Your Home Test In The #1's. 2. Ask Your Provider For Your "blood Sugar Goal". Write The Answers N Feb 18th, 2024

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4 TBSP. (1/2 Stick) Butter, Melted Oven To 2250. Beat Egg With Water Until Frothy. Add Nuts And Stir To Coat. Combine Ingredients, Add The Nuts, And Mix "ell. Spøad On A Baking Sheet In An Even, Single Layer And Bake For One Hour, Stirring Every 20 Minutes, Until Nuts Arp Dry. Brush Uith Melted Bu Jan 13th, 2024

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