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Computer-Aided Cognitive Behaviour Therapy

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Mindfulness-integrated Cognitive Behaviour Therapy 1 ...

Introduction To MiCBT And Can Be Taken Independently Without Proceeding Further With The 8-week Online Foundation Course. Dr Bruno Cayoun Is Director Of The MiCBT Institute In Hobart, Tasmania And A Clinical Psychologist In Private Practice. He Is The Principal Developer Of Mindfulness-integrated Jan 8th, 2024

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