

## Eft Tapping Effective Healing Powers For Emotional Stress Anxiety Addictions And Weight Loss Using Tapping Therapy Free Pdf Books

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Title: EFT May 3th, 2024 Example Tapping Scripts - Evidence Based EFT Example Tapping Scripts Evidence Based EFT Dr Peta Stapleton LEGEND • KC - KARATE CHOP OR SIDE OF THE HAND • SE - SIDE OF EYE • UE - UNDER EYE • UN - UNDER NOSE • CH - CHIN • CB - COLLARBO Feb 1th, 2024.

Técnica De Liberación Emocional Por Golpeteo EFT Tapping Este “regalo”, Incluyendo La Suposición De Que Debía Ser Un Signo De Los Dioses. Se Convirtió En Una Preciada Posesión Y Diversos Grupos De La Comunidad Tribal Tuvieron Peleas Por Su Culpa. Esto Causó Tanta Tensión Y Consternación Que Los Nativos, Finalmente, Llegaron A La Conclusión De Que Los Dioses Mar 4th, 2024 EFT Tapping Points Chart E-Motional Solutions -e-motionalsolutions.co.uk Top Of Head Inner Eye Outer Eye Under Eye Under Nose Chin Collar Bone Under Arm Karate Chop Sore Spot Identify An Issue And Give It A Number Of Intensity 0 -10. Rub The Sore Spot Or Tap Your Two Karate Chop Points Together And Repeat A Zset Up Out Loud Three Times. Mar 3th, 2024 EFT Tapping Chart - Reach Your Full Potential EFT Tapping Chart . The Sequence 1. TUNE IN TO THE PROBLEM 2. THE ASSESSMENT Rate The Intensity Of Your Problem On A Scale Of 0-10, With 10 Being The Worst. 3. THE SETUP ... And Tap On The Sequence Of Points, Repeating The Reminder Phrase. 5. RE-ASSESSMENT Take A Deep Breath, Tune In To The Problem And Rate The Jan 1th, 2024.

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