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Should Be Right-side Up. 4. Press Quit Or Enter To Exit
Power Save Mode. 5. Bring The Forerunner Within
Range (3 M) Of The Heart Rate Monitor. The Heart Rate
Icon Appears On The Training Mode Pages. 4th, 2024

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Resume Time Mode. Step 3: Set Up Sensors (Optional) If Your Forerunner Included A Heart Rate Monitor And Foot Pod, The ANT+Sport™ Sensors Are Already Paired. Press Mode Until The Train Page Appears. The And Icons Appear On The Forerunner Screen When The Sensors Are Paired. If You Purchased 3th, 2024

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Status Icons The Status Icons Appear When You Start An Activity. For Outdoor Activities, The Status Bar Turns Green When GPS Is Ready. A 1th, 2024

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1 From The Watch Face, Select START. 2 Select An Activity. 3 Go Outside, And Wait While The Device Locates Satellites. 4 Select START To Start The Activity Timer. 5 Go For A Run. 6 After You Complete Your Run, Select STOP To Stop The Timer. 7 Select An Option: • Select Resume To Restart The Timer. • Select Save To Save The Run And Reset The ... 2th, 2024

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