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STANDARDIZED RECIPE FORM Recipe Name: Recipe No ... STANDARDIZED RECIPE FORM Recipe Name: May 23th, 2024 Juice Plus Complete Smoothie Recipe Book1 Serving Juice Plus+Chocolate COMPLETE 1/2-1 Banana Fresh Or Frozen 1 TBSP Natural Peanut Butter (the Kind You Have To Stir) 1 Cup Mild FROZEN Fruit Instead Of Ice. (example: Mango, Tropical Fruit) **INSTRUCTIONS:** Put All Ingredients In Blender In Order Given. Blend Until Frozen Fruit Lumps Gone. Drink All At Once Or Pour Into 2 Coffee Feb 3th, 2024Weight Loss Smoothies Weight Loss Smoothie Recipe Book ...At It. This Weight Loss Smoothie Book Has Helped Over 300,000,000 People Lose Weight. It Can Definitely Help You Too. The Smoothie Recipe Book: 150 Smoothie Recipes Including Smoothies For Weight Loss And Smoothies For Optimum Health Smoothies Are Not Only An Easy And Delicious Way To ... Mar 1th, 2024.

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