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Www.ekho.us Note: Choose Mile Or Kilometer Distance Measurement. Press Mode For 5 Seconds Until The LCD Blinks. Apr 5th, 2024 Getting Started: Setting Up Your Pedometer SET Button To Reset To Zero. • Press The MODE Button To Complete The Setting. Measure Your Stride • Measure Off A Distance Of 20 Feet. • Walk The 20 Feet At A Normal Stride, Counting The Number Of Steps. • Do The Math: 20 Divided By The Number Of Steps Equal Jun 6th, 2024.

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Pedometer Counts Step, Calculates Distance, And Calories Burned, Also Track  
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