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It Is Purported That Wing Chun Was Developed By A Nun From The Southern Shaolin Monastey, Ng Mui, Who Progressed To Teach Yim Wing Chun, From Where The Style Received Its Name. Given That Wing Chun Is A Pragmatic Combat System Where Speed And Simultaneous Attack And Defence, Adhering To Feb 1th, 2024

The Structure And Sensitivity Of Wing Chun Kuen

The Southern Chinese Martial Art Of Wing Chun Kuen Is A Style Of Kung Fu Designed For Close Range Fighting. The Art Is Optimized To Allow A Smaller, Weaker Person To Gain Advantage Against A Larger Stronger One. In Legend, Wing Chun Was Created By A Woman. The Nun Ng Mui, Taught Her Sty May 2th, 2024

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Speciality Of Wing Chun - Seattle Wing Chun

Wing Chun Techniques Emphasize Practicality And Efficiency To Maintain Its Ideals On Effectiveness. Strikes Are Intended To Injure Or Disrupt The Target. Efficiency In Wing Chun Is Based On The Concept That The Shortest Distance Between Two Points Is A Straight Line. Likewise It Feb 2th, 2024

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Wing-Chun Taught The Techniques To Her Husband, And Through Subsequent Generations, The System Was Well-guarded And Passed On To Only A Few, Very Dedicated Students. The Symbol Of Wing Chun Proclaimed By His Followers As The

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