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Self-esteem-Matthew McKay 2016-08-01 Matthew McKay, PhD , Is A Professor At The Wright Institute In Berkeley, CA. He Has Authored And Coauthored Numerous Books, Including The Relaxation And Stress Reduction Workbook , Self-Esteem, Thoughts And Feelings , When Anger Hurts , ... 3th, 2024

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Access The Most Recent Version At DOI: 10.1192/apt.4.5.296 APT€1998, 4:296-304. Melanie J. V. Fennell Cognitive Therapy In The Treatment Of Low 3th, 2024

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Self-Esteem, Construal, And Comparisons With The Self, Friends, And Peers Jerry Suls, Katherine Lemos, And H. Lockett Stewart University Of Iowa Extending The Better Than Average Effect, 3 Studies Examined Self-, Friend, And Peer Comparisons Of Personal Attributes. Participants Rated The 1th, 2024

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