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About The Healthy Families: Healthy Kids Tool KitDesign Your Own Kabob By Putting As Much Or As Little Of Whatever Fruit You Want! Do This Until The Stick Is Almost Covered From End To End. 5. Hold Your Kabob At The Ends And Roll It In The Yogurt, So The Fruit Gets Covered. 6. Then Roll It In The Coconut. 7. Repeat These Steps With A 2th, 2024

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